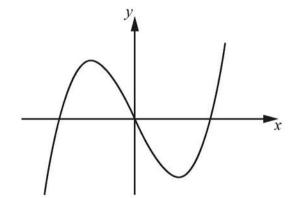
## In this question you must show detailed reasoning.

The diagram shows part of the graph of  $y = x^3 - 4x$ .



Determine the total area enclosed by the curve and the *x*-axis.