You must show your working.

13. (a) Show that

(b) Hence, or otherwise, solve, for $0 \le \theta < 180^\circ$,

 $\csc(4\theta + 10^{\circ}) + \cot(4\theta + 10^{\circ}) = \sqrt{3}$

(Solutions based entirely on graphical or numerical methods are not acceptable.)

(5)