12. A curve C is given by the equation

$$\sin x + \cos y = 0.5 \qquad -\frac{\pi}{2} \leqslant x < \frac{3\pi}{2}, -\pi < y < \pi$$

A point P lies on C.

The tangent to
$$C$$
 at the point P is parallel to the x -axis.

Find the exact coordinates of all possible points P, justifying your answer.

(Solutions based entirely on graphical or numerical methods are not acceptable.)