r = 2t - 1

5. A curve C has parametric equations

$$x = 2t - 1$$
, $y = 4t - 7 + \frac{3}{t}$, $t \neq 0$

Show that the Cartesian equation of the curve C can be written in the form

$$y = \frac{2x^2 + ax + b}{x + 1}, \qquad x \neq -1$$

where a and b are integers to be found.